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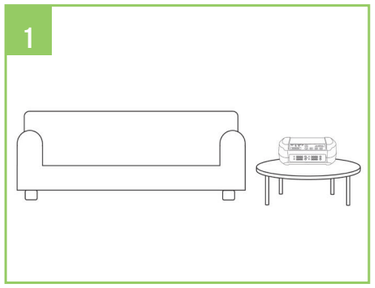
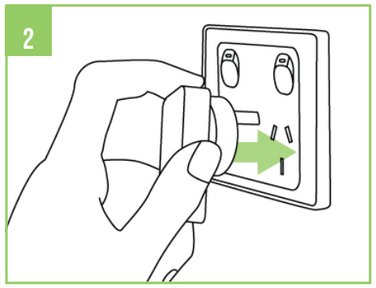
BIO COMPRESSION SET-UP GUIDE: PANTS

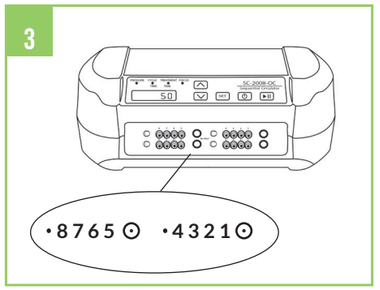
This guide is intended as a quick reference once the user manual has been read in-full



Place the device somewhere easily accessible.
Wear lightweight long pants under the Bio Compression pants.

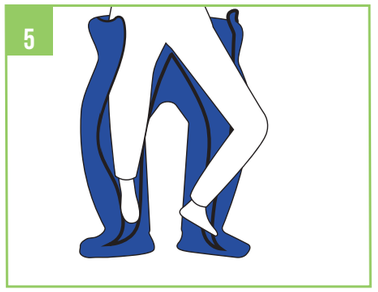


Plug your power lead in, ensuring that it is not a trip hazard.
(Often you will need to visit the bathroom during treatment due to fluid evacuation).

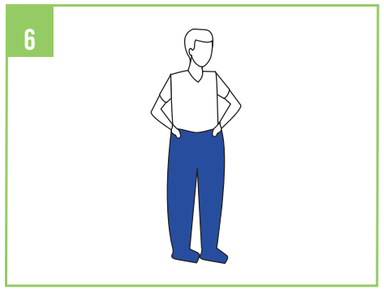


Connect cuff hose to the device, ensuring the numbers and indicators match.

Find the position where you will be rested during treatment on a bed or couch where your legs are elevated and supported.

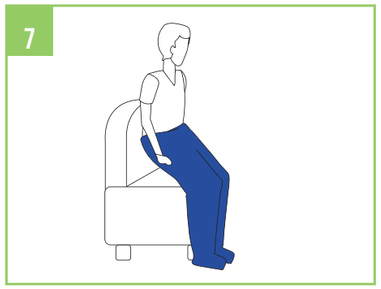


Unzip the pant garment partially and place it on the couch/bed. If seated, step each foot into position ensuring the heels are located to the back of the garment. Zip the legs up as far as you can.

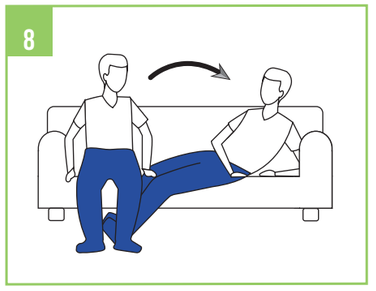


Ensure you are on a non-slip surface. Stand up with the garment partially zipped up. Lift the trousers and zip the remainder of the garment on each side.

Adjust the garment to fit your body without rotating, twisting, or large



Sit as far back on the chair or bed as able.



Use your upper body as a counter weight to lift your legs up onto the couch/bed.

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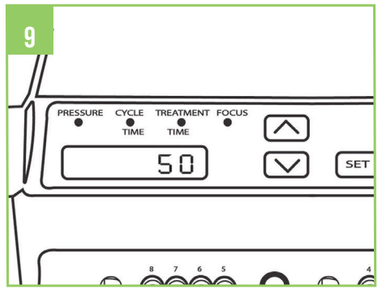
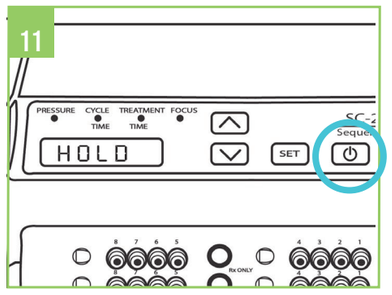


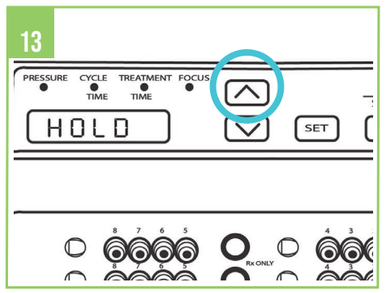
First Time Users unless otherwise advised by your health professional, starting pressure is set at a default of 50mmHg. If you need to adjust settings, see point 14.

11



At the end of a timed treatment, your pump will turn off. To turn off the pump during a treatment, press the "Power On/Off" button - "Hold" will show in the LED and then the pump will turn off.

13



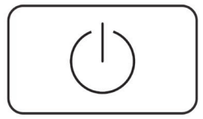
To adjust **PRESSURE** whilst the pump is running:

Press and hold the up arrow until you see "HOLD" on display.

The pump will return to resting position and the current pressure setting will be on display.

Use the up/down arrows to adjust. Press the SET button to save your changes and recommence treatment.

10



Press "Power On/Off" button to turn on. The settings will appear on the LED display and the pump will start.

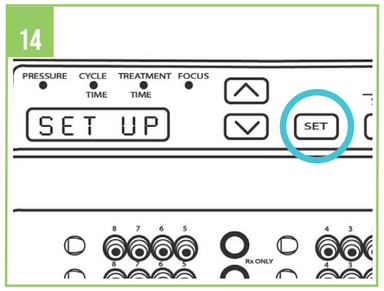
12

Whilst the compression pump is running please read the **'Settings Navigation Guide.'**

Allow the device run for at least 10 minutes after each change for the full effect to be felt.

For videos on how to set-up your pump and apply garments scan the QR code and scroll down to Videos

14



To adjust **SETTINGS:** Begin with the pump plugged in but turned off. Press and hold "SET" for 5 seconds (until LED indicators flash) "SETUP" will appear on display.

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The pump will turn off.

Press the power button to turn the device on and commence treatment. Refer to the Owner Manual for more information on settings.

15

If you wish to clean the garment at any time, simply use warm soapy water or Clinell wipes. These specific cleaning wipes can be purchased from Medi-Rent and do not contain alcohol like many other sanitising wipes which can damage the garments.
Do not place in washing machine or dryer.

WARNING

* **Be advised by your Health Professional on setting selection, pressure and duration.**

** Always check your body for any pressure areas after treatment. If using the pump for prolonged periods adhere to pressure area prevention techniques such as changing position regularly and sitting/lying on a supportive surface.

CONTRAINDICATIONS FOR USING A COMPRESSION PUMP

* Known or suspected deep vein thrombosis
* Active metastatic disease affecting oedematous region
* Pulmonary embolism
* Thrombophlebitis
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* Pulmonary oedema

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BIO COMPRESSION SET-UP GUIDE: ARM-VEST

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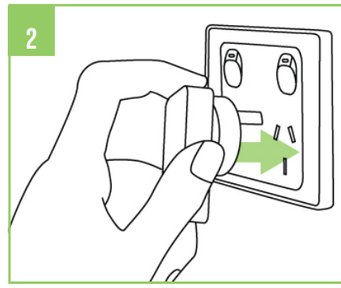
1

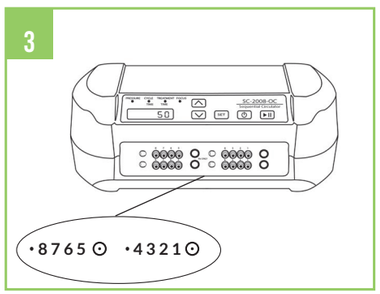
Place the device somewhere easily accessible.
Do not apply the sleeve directly on skin. You may wear non-bulky clothes under the Bio Compression sleeve.

2



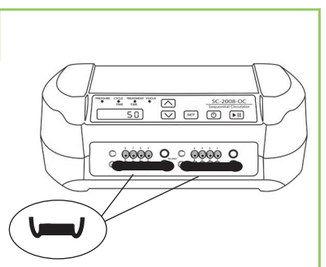
Plug your power lead in, ensuring that it is not a trip hazard.

3



Connect cuff hose to the device, ensuring the numbers and indicators match.

4



Locate the blocker bars and insert into bottom row of connectors on the device, if not already done so.

5

First time set-up: Slide your arm into the sleeve with the zipper done up and velcro unfastened.

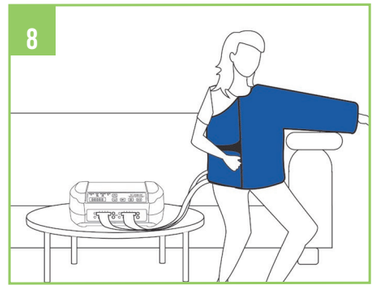
6

Wrap the velcro flap around your body snugly.
You may need help for this step but you will not need to do this in subsequent wearings.

7

Now that you have fitted the vest to your body with the velcro straps, you can use the zipper to remove the garment after your treatment session. Moving forward, you don't need to touch the velcroed section unless you want to adjust fitting; simply use the zipper to 'do up' or 'undo' the garment next session.

8



Position yourself on a couch or bed with your arm elevated and supported.

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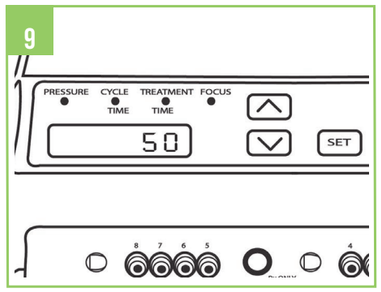
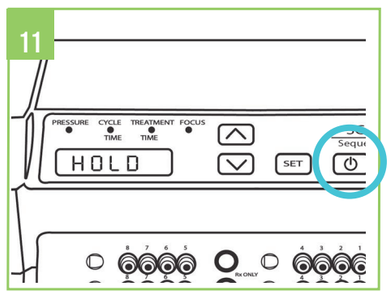


First Time Users Standard pressure setting is 50mmHg; it is recommended the pressure is reduced to 40mmHg for the arm-vest garment or as advised by your clinician. If you need to adjust settings, see point 14.

11



At the end of a timed treatment, your pump will turn off. To turn off the pump during a treatment, press the "Power On/Off" button - "Hold" will show in the LED and then the pump will turn off.

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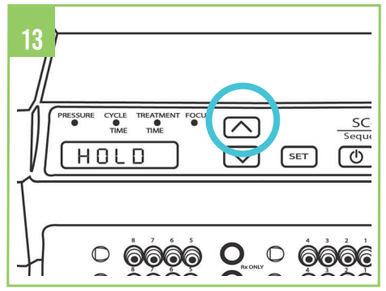

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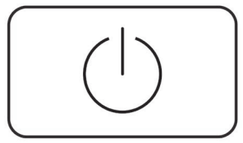

Press "Power On/Off" button to turn on. The settings will appear on the LED display and the pump will start.

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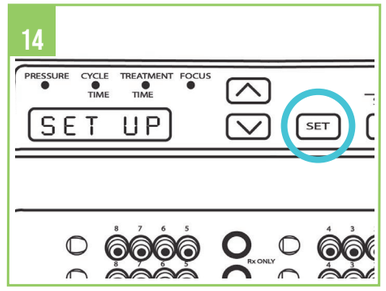

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Press the power button to turn the device on and commence treatment. Refer to the Owner Manual for more information on settings.

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If you wish to clean the garment at any time, simply use warm soapy water or Clinell wipes. These specific cleaning wipes can be purchased from Medi-Rent and do not contain alcohol like many other sanitising wipes which can damage the garments.
Do not place in washing machine or dryer.

WARNING

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BIO COMPRESSION SET-UP GUIDE: LEGS

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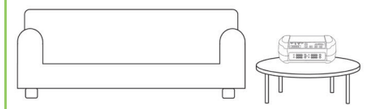
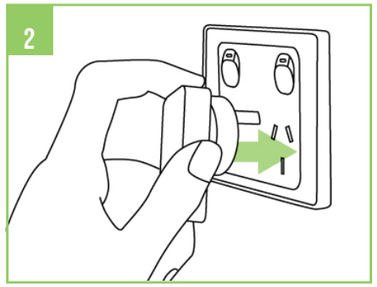
1



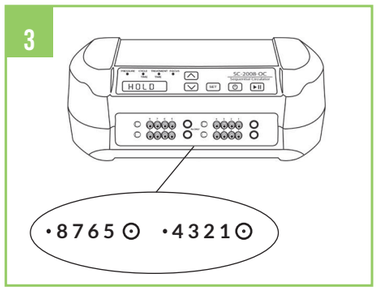
Place the device somewhere easily accessible.
Wear lightweight long pants under the Bio Compression leg garments.

2



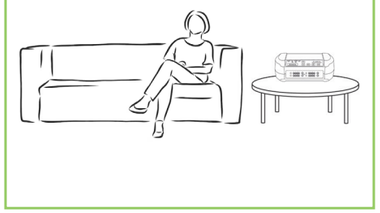
Plug your power lead in, ensuring that it is not a trip hazard.
(Often you will need to visit the bathroom during treatment due to fluid evacuation).

3



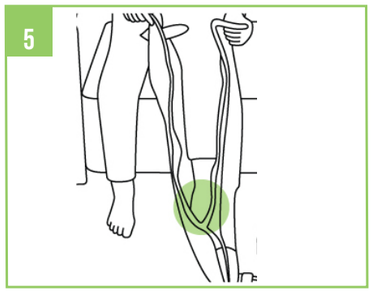
Connect cuff hose to the device, ensuring the numbers and indicators match.

4



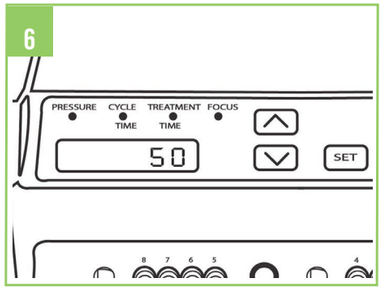
Find the position where you will be rested during treatment on a bed or couch where your legs are elevated and supported.

5



Place your leg into the sleeve by unzipping it part-way.

6



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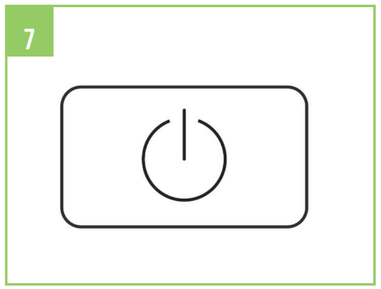
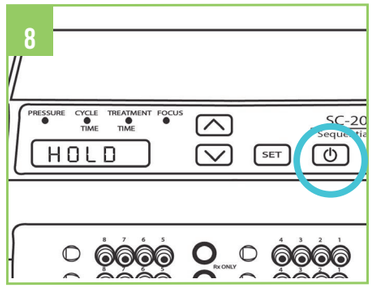
If you need to adjust settings, see overleaf.

7



Press “Power On/Off” button to turn on. The settings will appear on the LED display and the pump will start.

8



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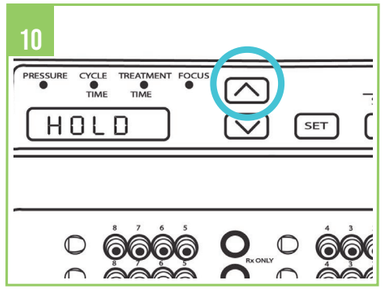

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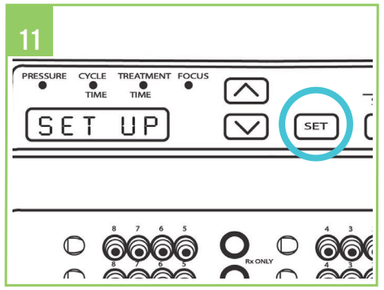

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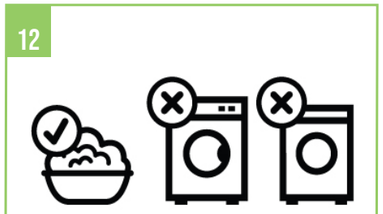

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